

FOD walk, fitness focus of Safety day



– Pages 10-11

Raptor to Bring Air Superiority to Northern Edge

The Air Force’s newest frontline fighter, the F-22A Raptor, will make its Pacific-region debut as they participate in Exercise Northern Edge 2006 in June.

Twelve F-22As from the 1st Fighter Wing at Langley Air Force Base, Va., along with U.S. military units stationed in the continental United States and the Pacific Theater will participate in this Alaskan Command joint training exercise scheduled for June 5-16.

“The Raptor is the key to defeating deadly next-generation threats to today’s aircraft and can strike deep and fast, day or night, paving the way for friendly air, land, and sea forces to operate at

will without interference from an opposing air force,” said Col. Russ Handy, 1st Fighter Wing vice commander. “With its combination of stealth, supercruise speed, advanced avionics, air-to-air and air-to-ground capabilities, the F-22A’s survivability and striking power make it uniquely capable of countering advanced threats from day one of any conflict.”

The F-22A, a critical component of the Global Strike Task Force, is designed to project air dominance, rapidly and at great distances and defeat threats attempting to deny access to our nation’s Air Force, Army, Navy and Marine Corps. The F-22A cannot be matched

by any known or projected fighter aircraft.

Northern Edge is the largest military training exercise scheduled in Alaska this year, with approximately 5,000 U.S. active-duty and reserve component military members participating.

“Northern Edge is designed to prepare joint forces to respond to crises in the Asia Pacific region,” said Col. John Marselus, chief, Alaskan Command Joint Exercise Division. “The exercise is intended to sharpen skills, to practice operations, techniques, and procedures, to improve command, control and communication relationships, and to develop interoperable plans and pro-

grams.”

The Air Force has selected Elmendorf as the home for the next operational F-22A wing. The base is preparing for the arrival of 36 Raptors with the first jet expected to arrive in fall 2007.

Major participating units in NE06 include Pacific Air Forces, Air Combat Command, U.S. Army Alaska, Marine Forces



PHOTO BY TECH. SGT. BEN BLOKER

Twelve F-22As from the 1st Fighter Wing at Langley Air Force Base Va., will participate in Northern Edge 2006.

Pacific, Special Operations Command Pacific, and U.S. Pacific Fleet.
(Courtesy of Pacific Air Forces Public Affairs)



Brig. Gen. Hawk Carlisle
3rd Wing commander

Do you have a problem you can’t seem to get solved? Would you like to recognize someone for a job well done? The commander’s action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Hawk Carlisle. Your calls will get the commander’s personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

552-2224
actionline@elmendorf.af.mil

The following commanders stand ready to help you and can answer the majority of your questions. If they can’t help, then please call the Action Line.

Key phone numbers:
Col. Mike Hass, 3rd CES/CC
552-3007
Lt. Col. David Aupperle, 3rd SVS/CC
552-2468
Lt. Col. Robert Garza, 3rd SFS/CC
552-4304

Beneficiary concerned with appointment procedures

Q: By now, I am sure that you are aware of the hospital’s same day appointment policy.

As I understand it, every appointment for the primary care and family practice clinics is made on a “same day” basis.

This can be really convenient when you need a same day appointment, but when you need a routine appointment it is extremely inconvenient.

Recently, I called the appointment line to get seen for my shoulder.

I was told all that day’s appointments were filled and I would have to call back the next day.

After 20 minutes of busy signals, at 7:20 a.m. I was told there were no appointments available.

The appointment line does not open until 7:00 a.m.

There is something extremely wrong with this. It seems to be physically impossible to have every appointment for all the primary care physicians in the “snowy owl” clinic filled in 20 minutes. Even if the only

appointments they took were for that clinic.

My shoulder is not so bad that I can’t wait to be seen, but I should be able to pick up the phone this afternoon and call the clinic and make a routine appointment for some time in the next week or so.

I have been to a lot of bases and it seems to work fine this way. I might have to wait, but at least I have an appointment. If it’s urgent that I be seen on the same day and can’t get in, that’s what urgent care clinics are for.

Please help to change this policy so that we can use our “benefits” of free medical care.

A: At the 3rd Medical Group, both the Family Practice and Flight Medicine Clinics operate on a “Same Day” appointment method.

Approximately 60 percent of the total daily appointments are available to patients for the same day while the other 40 percent are available for

booking into the future.

Anyone calling for an appointment will first be offered an appointment for that same day. However, if the patient prefers another day in the future we try to meet that need as well.

Unfortunately, due to the current operations tempo and deployments to support the Global War on Terror, the total number of appointments simply cannot meet the demand.

We recognize that getting a primary care appointment can be challenging and we are working hard to make improvements.

Initiatives we are currently working on to improve access include the addition of an urgent care option, contracting for additional providers, and temporarily referring patients to a downtown provider while their primary care manager is deployed.

Our goal is to ensure timely access to quality health care for all beneficiaries and we are using all available options to accomplish this goal.



Outstanding Performers

Capt. Christopher Mercer, 3rd Wing C-17 project integration office, acted as the liaison to the 3rd Civil Engineer Squadron using functions and wing leadership on the recently awarded \$84 million C-17 Dual Bay Maintenance Complex. Capt Mercer’s efforts to decipher wants versus needs were invaluable to the on-time and within budget award of this cornerstone project for the C-17 mission. His knowledge of mission requirements kept the project within budget and resulted in a first class facility that meets all requirements.

Shawn Moser, 3rd Civil Engineer Squadron, is the lead engineer on the \$84 million C-17 Dual Bay Maintenance Complex which was recently awarded both on-time and within budget. His unique ability to foster ownership of the design process amongst the users resulted in the award of this project, including nearly all bid options. Additionally he was able to clearly brief wing leadership on project direction resulting in no lost time.

Sourdough Sentinel

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The deadline for article submissions to the *Sourdough Sentinel* is 4 p.m. Friday. Articles will be published on a space-available basis and are subject to editing by the *Sourdough Sentinel* staff. Submission does not guarantee publication.

For more information, call the *Sourdough Sentinel* office at 552-2493 or 552-8941, e-mail: sourdough.sentinel@elmendorf.af.mil, fax us at 552-5111, or write to us at: 3rd WG/PA, 10480 22nd St. Ste. 119 Elmendorf AFB, AK 99506

3rd Wing Moment in History

May 17-23 1930:

The 3rd Bombardment Group demonstrated the feasibility of a short notice, long distance flight; flying from Fort Crockett, Texas to Havana, Cuba and returning.

Airmen donate \$6.7 million to AFAF

Airmen have given more than \$6.7 million to this year's Air Force Assistance Fund campaign, \$800,000 more than last year.

Elmendorf reached 126 percent of its goal with \$119,379.96 donated from 1,546 contributors.

The fund raises money for four Air Force-related charities that benefit active-duty, Reserve, Guard, retired Airmen, surviving spouses and families.

"The 2004 campaign raised more money than any other since 1989 when we had twice as many people in the Air Force," said John Lowrance, project officer for the campaign. "The generous gifts donated by our active-duty, Guard, Reserve and retired members shows a real appreciation for the help these charities provide our Air Force family."

This year's campaign was helped by 18,000 new contributors. About 71 percent of donations are designated for the Air Force Aid Society, the largest of the four

charities, Mr. Lowrance said.

"It's great news that this year's AFAF campaign was the most successful in years, and as a result, lots of Airmen and their families will benefit from these generous contributions," said retired Lt. Gen. Mike McGinty, Air Force Aid Society's CEO. "Once again it proves that Gen. Hap Arnold's 'Airmen-helping-Airmen' philosophy lives on in today's Air Force."

Airmen can contribute to one or more AFAF charities through cash, check or payroll deduction. Besides the Air Force Aid Society, charities include the Air Force Enlisted Foundation, the Air Force Village Indigent Widow's Fund and the General and Mrs. Curtis E. LeMay Foundation.

This was the 31st year for the campaign. For more information on the AFAF, visit www.afpc.randolph.af.mil/votefund and scroll down to the AFAF section.

(Courtesy of Air Force Personnel Center News Service)



PHOTO BY AIRMAN JONATHAN STEFFEN

Volunteer training

Leanne Rowley, training coordinator for the 26th National Veterans Wheelchair Games, trains volunteers on how to work with the participants. The games are held in Anchorage July 3-8. The Polar Bowl will host the bowling event. Anyone interested in volunteering can e-mail Mrs. Rowley at leanne@alaskadestinations.com. There will be one more training session on Elmendorf at 6:30 p.m. Wednesday. Other sessions are held downtown.

Grand opening



Top left: Col. Scotty Lewis, 3rd Wing vice commander, and Army and Air Forces Exchange Service general manager Bob Biringer cut the ribbon to the newly renovated Talkeetna Theater Saturday. The theater began showing movies May 5 after approximately five months of renovations and upgrades.

Above: Senior Airman Sabriena McAllister, 703rd Aircraft Maintenance Squadron, hands out free ice cream bars to patrons before the movie starts. The Grand Opening show was a free, advanced screening of "Over the Hedge."

Left: "Movers and Shakers," a dance group from the Elmendorf School Age Program, performs a hip hop routine. The group is led by Seante Banks and entertained theater patrons before the movie began.



Photos by Senior Airman Garrett Hothan



Blood Drive

The monthly blood drive takes place from 9:30 a.m.-3:30 p.m. Monday in the parking lot across from the Arctic Oasis.

To schedule an appointment, contact your unit blood drive monitor or 1st Lt. Veronica Acker at 552-9982, e-mail veronica.acker@elmendorf.af.mil, or 1st Lt. Kathryn Jones at 552-9942, e-mail kathryn.jones@elmendorf.af.mil.



NJP, Courts-martial

Article 15s:

An airman first class with the 3rd Equipment Maintenance Squadron failed to go to his appointed place of duty for mandatory physical training.

His punishment was a suspended reduction to airman, suspended forfeiture of \$636 pay for two months and 45 days extra duty.

An airman first class with the 3rd Component Maintenance Squadron violated a no contact order and committed adultery with a married woman.

His punishment was a reduction to the grade of airman, suspended forfeiture of \$713 pay for two months and a reprimand.

An airman first class from the 3rd Medical Operations Squadron committed adultery with a married woman.

His punishment was a reduction to the grade of airman basic, suspended forfeiture of \$636 pay for two months and a reprimand.

A senior airman from the 3rd Communications Squadron operated a vehicle while under the influence of alcohol.

His punishment was a reduction to the grade of airman

first class, suspended reduction to the grade of airman, suspended forfeiture of \$400 pay for two months and a reprimand.

Discharges:

An airman basic with the 381st Intelligence Squadron was administratively discharged for pattern of misconduct.

The member’s misconduct included a Letter of Reprimand for operating a vehicle while intoxicated with a blood alcohol content of 0.191.

He received a Letter of Counseling for speeding and was convicted at a Summary Court-Martial for larceny and for making a false official statement.

The member’s misconduct resulted in a general discharge.

Courts:

Airman Rodney L. Williams Jr., 3rd Security Forces Squadron, was sentenced in a special court-martial for wrongful use of marijuana and dereliction of duty.

His punishment was reduction in grade to E-1, forfeiture of 2/3 pay per month for four months, and four months confinement.

(Courtesy of the 3rd Wing Legal Office)

45 Arctic Warriors graduate ALS

The following Arctic Warriors graduated from Airman Leadership School class 06-4 May 11:

(Note: graduates are senior airman unless otherwise noted)

John L. Levitow
Bartholomew Stears
3rd Equipment Maintenance Squadron

Leadership
Travis Woolever
3rd Logistics Readiness Squadron

Academic Achievement Award
Russel Justice
611th Air Intelligence Squadron

Distinguished Graduate Award
Lucas Henton
3rd EMS
Russel Justice
611th AIS
David Rokusek
3rd EMS

Graduates:

3rd Aircraft Maintenance Squadron
Christopher Cabrera
Kendall Celestine
Ryan Forsse
Joseph Maestre

Tony Parker
Joshua Redington
Obadiah Salas
Ryan Stice
David Todd

3rd Component Maintenance Squadron
Timothy Hicks

3rd EMS
Brian Allen
David Bonaccorso
Michael Goenner
Christopher Volkert

517th Airlift Squadron
Staff Sgt. Jace Hartog
Adam Monroy

732nd Air Mobility Squadron
Richard Curl

703rd Aircraft Maintenance Squadron
Brian Fleischmann
Michael Juanatas
Joo Lee
Chad McIlheran

3rd Communications Squadron
Amber Adams
Michael Oden
Ramease Shaw

3rd Civil Engineer Squadron
Jay Conner

3rd LRS
Brandon May
Michael Van Damme

3rd Dental Squadron
Mercylen Ayo

3rd Medical Operations Squadron
Andrew Jimenez
Tara Watamaleo

3rd Medical Support Squadron
Traci England
Adam Beck

3rd Security Forces Squadron
Shawn Weisler

3rd Services Squadron
Russell Gray

381st Intelligence Squadron
Stacey Kingsley
Jason Kingsley
Jeffery Palombo
Ronald Weitnauer

11th Air Force
Winifred Thompson



59 technical sergeants graduate NCOA

The following technical sergeants graduated from the NCO Academy Class 06-4 May 11:

John L. Levitow Award
Gary Byers
354th Fighter Wing

Commandants Award
Sean Field
3rd Air Support Operations Squadron

Academic Achievement Award
Joseph Goff
3rd Equipment Maintenance Squadron

Distinguished Graduates Award
Mike Edwards
3rd Wing Public Affairs
Sean Field
3rd ASOS
Kara Dubin
3rd Medical Support Squadron
Stephanie Adkins
354th Medical Operations Squadron
Doris Yanas-House
3rd Medical Support Squadron

Graduates:
3rd Operations Support Squadron
Esmeralda Chittom

3rd Maintenance Group
Jason Pedone
Johnny Spiker

3rd Maintenance Operations Squadron
Brian Berg

3rd Aircraft Maintenance Squadron
Jason Bjorkquist
Kevin Frisbie
William Henderson
Michael Middleton

3rd Component Maintenance Squadron
Dennis Franks
Joseph Saelens

3rd EMS
Gary Fanning
Christopher Geiser
Mark Nino
Daniel Rodriguez

3rd Wing Command Post
Michael Mullins

3rd Communications Squadron
Troy Weigand

3rd Logistics Readiness Squadron
Jason Lingerfelt
Angela Marshall
Micah Parks
Fredric Powers

3rd Security Forces Squadron
Kent Delano

3rd Services Squadron
Robert Campbell

3rd Civil Engineer Squadron
Thomas Gervais
Tim Wainscott

3rd Medical Operations Squadron
Suzanne Lowell
Kimberly Wilkins

3rd Medical Support Squadron
Stephen Sell

381st Intelligence Squadron
William Bonen
Natchez Lee

611th Air Intelligence Squadron
Kristi Naval

611th Air Support Squadron
Ryan Eastlake

703rd Aircraft Maintenance Squadron
Scott Brooks

732nd Air Mobility Squadron
Neil Dennis
Jerry Jackson
Steven Katsonis

962nd Airborne Air Control Squadron
Susan Farm
Joseph Vavosa

U.S. Air Force
Band of the Pacific
Michael Williams

354th Operations Support Squadron
Matthew Smith

354th Maintenance Squadron
Michael Daniel
Daniel Foster
Travis Limbaugh
William Maydwell

354th Aircraft Maintenance Squadron
David Schaub
Kevin Schildhauer

354th Civil Engineer Squadron
Jon Erickson
Dennis Kesner
Michael Stanley

354th Logistics Readiness Squadron
James Armstrong
Tammie Davis
Patrick Hambly

176th Air Control Squadron
Dennis Fox





Muldoon gate closure

Due to construction, the Muldoon Gate will be closed June 12-July 3.

For more information, call Airman 1st Class Carlos Lopez at 552-4011 or Hazim Yunis at 552-3079.

Disposition of personal effects

Capt. Heather Fennel, 381st Intelligence Squadron, is authorized to make disposition of the personal effects of Airman 1st Class Christopher Lee Anderson, 381st IS, as stated in AFI 34-244.

Any person or persons having claims for or against the estate of the deceased should contact Captain Fennel at 552-8277.

Change of command

The 611th Civil Engineer Squadron change of command ceremony begins at 10 a.m. Wednesday in the Susitna Club Ballroom. Lt. Col. Kenneth P. Smith will relinquish command to Lt. Col. Charles K. Busch.

A reception honoring Lt. Col. Busch will follow.

Law Enforcement Torch Run

The Special Olympics Alaska 2006 Law Enforcement Torch Run 5K is Saturday.

The run starts at 10 a.m. at West High School. Registration starts at 9

a.m. The cost is \$25 and includes a free T-shirt. All are welcome.

For more information, contact Chief Master Sgt. Bruce Erb at 249-1607 or via email at *bruce.erb@akanch.ang.af.mil*.

Road closures

Due to housing construction in the New Denver development, Luke and McCloud Avenues, near Mt. Spurr Elementary, are closed between 16th and 17th Streets until November.

For more details, call Dan Eckert at 552-2466.

Asian-Pacific Islander committee

May is Asian Pacific Islander Observance Month. The committee is seeking volunteers to help them make this a successful observance month. Everyone is welcome to be a part of the committee.

For information or to volunteer, call Staff Sgt. Denise Willhite at 552-2906, Airman Jennifer Cortez at 552-3789, or Airman Chainda Menhall at 552-3844.

Volunteers needed

Arctic Thunder, Elmendorf’s air show and open house, is Aug. 12-13. The air show team is seeking volunteers for various tasks. People interested in helping should call 552-5324 or 552-5414, or e-mail 2nd Lt. Joseph Douglass at *joseph.douglass@elmendorf.af.mil* or Senior Master Sgt. Richard Lister at

richard.lister@elmendorf.af.mil.

For more details about the event, call 552-SHOW (7469).

VA Wheelchair Games volunteer training

Training sessions are now in session for volunteers of the 26th National Veterans Wheelchair Games in Anchorage July 3-8. In addition to the training being held downtown, there are two available for Elmendorf. They are at 2 p.m. Saturday and 6:30 p.m. May 24.

Volunteers can register for the session by e-mailing Leanne Rowley at *leanne@alaskadestinations.com*.

Military appreciation

Mat-Su Valley Chambers of Commerce are having a military appreciation picnic 11:30 a.m.-2:30 p.m. Saturday, Armed Forces Day, at the National Guard Armory on Bogard Road, just east of Seward Meridian in Wasilla.

The picnic is open to all military members and their families from all branches of service. Activities will be provided for the children and a ceremony begins at 1 p.m.

For more details, call Bert Hall, Wasilla Chamber of Commerce, at 373-4611.

Bargain Shop and Airman’s Attic

Closure of the intersection at Fighter Drive and Fairchild Avenue

has resulted in detours around the Bargain Shop and Airman’s Attic. To get to the entrances, follow the detour signs to Doolittle Avenue and turn right on the access road behind Matanuska Hall. This enables drivers to reach the main entrance and parking area behind Denali Hall.

Summer hours are 10 a.m. - 2 p.m. Mondays and Wednesdays beginning June 12. Consignments are accepted from 10 a.m. to 1 p.m. Wednesdays.

Limited service at Self-Help Store

Due to reduced manning, the Self-Help Store, 5250 Gibson Ave., hours are limited May 8-Sept. 30. The store is open for over-the-counter material issue to facility managers 1-4 p.m. Tuesdays and Thursdays.

For emergency issues when the store is closed, customers can call the 3rd Civil Engineer Squadron CEMAS store at 552-5778.

If customers need power or training tools for small projects, e-mail Master Sgt. William Haley at *william.haley@elmendorf.af.mil* to set up an appointment. For larger projects requiring technical assistance for electrical, structural or plumbing work, CE is unable to provide support until October 1.

Community assessment survey

The Integrated Delivery System Working Group is sponsoring the 2006 Community Assessment Survey

of servicemembers, spouses, reservists, and reserve spouses.

The survey is open to all military spouses, while active-duty participants must have an invitation. A notification letter that includes a link to the Web-based survey will be sent to the work e-mail address of each active-duty member selected to participate. Participation is crucial to the success of the project; selected servicemembers are strongly urged to take part.

Military spouses wishing to participate can access the survey at *www.spouseAFCAsurvey.com* until June 23.

Vacation Bible School

The Base Chapel is sponsoring a Vacation Bible School from 9 a.m.-noon June 12-16 at Chapel One.

For more information, call Peggy Brown at 646-4279.

Child safety seat inspection day

The 3rd Medical Group is sponsoring a child safety seat inspection day from 10:30 a.m.-2 p.m. Saturday at the Base Hospital.

The inspection is free and refreshments will be provided.

Technology show

The 3rd Communications Squadron is hosting their annual technology show from 9:30 a.m. to 1:30 p.m. June 13 at the Susitna Club.

The show is free to all members and refreshments will be available.

For more information, call Scott Butcher at 552-1239.

Mini-ECAMP assessors needed

The Headquarters Pacific Air Forces external Environmental, Safety and Occupational Health Compliance Assessment and Management Program is scheduled for Aug. 21-25. To ensure the wing’s success, an abbreviated internal ESOH CAMP has been scheduled for July 25-28.

Volunteer assessors are needed to assist with this assessment. Some hazardous material/waste experience is preferred. Supervisor approval is required. For more information, call 552-2813 or email *jon.scudder@elmendorf.af.mil*.

Home buying seminar

The Elmendorf Housing office is offering a home buying seminar at 1 p.m. June 5 at the Housing Office, 6346 Arctic Warrior Drive. The class lasts approximately 2 to 3 hours.

Seating is limited; call 552-4439 or 552-4328 for reservations.

Yard Supplies

The U-Fix-It store will soon be offering Alaska blend seed, fertilizer, weed killer and lime to all Aurora Housing occupants to help revitalize their yard. Treated landscape timbers will also be available for those who wish to put in flower beds.

Quantities and specific dates of availability will be provided by the U-Fix-It store, 743-9070.



Chapel Schedule

Catholic Parish
■ **Monday through Wednesday and Friday Mass:** 11:30 a.m. at the Chapel Center
■ **Thursday Mass:** 11:30 a.m. at the Hospital Chapel
■ **Sunday Mass:** 10:30 a.m. at Chapel 1
■ **Sunday Evening Mass:** 5 p.m. at Chapel 2
■ **Confession:** 4:30 p.m. Sundays at Chapel 2
■ **Catholic Religious Education:** 9 a.m. Sundays at the Chapel Center.

Protestant Sunday
■ **Liturgical Service:** 9 a.m. at Chapel 2
■ **Traditional Service:** 9 a.m. at Chapel 1
■ **Gospel Service:** noon at Chapel 1
■ **Contemporary:** 6 p.m. at Chapel 1
■ **Protestant Sunday School:** 10:30 a.m. at the Chapel Center.

For more details, call the Chapel at 552-4422.



PHOTO BY AIRMAN JONATHAN STEFFEN

Senior Airman Jared Simons

Organization and duty title: 3rd Component Maintenance Squadron aircrew egress systems journeyman
Hometown: Eastover, S.C.
Hobbies: Weightlifting, football and target practice
Mission contributions: Helps maintain Aircrew Egress systems on all fighter aircraft stationed at Elmendorf
Time at Elmendorf: Two years, nine months
Time in the Air Force: Three years, one month
Best part about being in Alaska: Alaska is the total opposite of my hometown and that is one of the main reasons I joined the military. To see places I probably never would have had I not come into the military.
Quote from supervisor: “Airman Simons consistently displays strong work ethic and self motivation to get all tasks done in a quick, safe manner. He is a key player in training our newest Airmen on critical maintenance that may one day save a pilot’s life.” Staff Sgt. Terry Vickery



PHOTO BY AIRMAN JONATHAN STEFFEN

Tech. Sgt. Michael Jones

Organization and duty title: Defense Courier Service, superintendent
Hometown: Yerington, Nev.
Hobbies: Golf, fishing and working on cars
Mission contributions: Responsible for transporting highly classified, time-sensitive, inbound and outbound Department of Defense material through a global network of 19 stations ensuring the safe and secure delivery of qualified material to all customers on Elmendorf and throughout Alaska.
Time at Elmendorf: Two years, 10 months
Time in the Air Force: 17 years
Best part about being in Alaska: Hiking, snowboarding and fishing
Quote from supervisor: “Sergeant Jones does his job and does it well. I am thankful he is part of our organization and he is definitely deserving of the Arctic Warrior of the Week.” Master Sgt. Kevin Lucas

Outdoor Recreation offers summer options

**By Senior Airman
Jared Marquis**
3rd Wing Public Affairs

Outdoor Recreation held its annual spring open house Saturday.

According to ODR director Steve Rey, the purpose of the event is to highlight summer programs.

He said that in addition to the rental equipment on display, there were representatives from the Outdoor Adventure Program.

"Outdoor Adventure sponsors trips throughout the summer," said Mr. Rey. "We have kayaking, white water rafting, mountain-biking and now, fishing trips."

He said ODR has a new 24-foot bay liner boat this year that can do the same thing as the chartered trips in Seward, but at a discount.

"The Outdoor Adventure Program offers daily trips all summer.

mer. We will also have the boat in Seward for the entire Silver Salmon Derby August 12-20."

The cost for the fishing trip is \$135 per person up to four for the six-hour trip. He added that the boat is available for custom trips provided there is nothing else going on.

Also new this year is the two new cabins at the Seward Recreation Camp.

"We just got them in, and they accommodate a family of five and have a full-bathroom and full-kitchen."

A list of trips through the Outdoor Adventure Program, and a list of rental items available from ODR can be found at www.elmendorf-services.com.

To sign up for trips through Outdoor Adventure or rent equipment for the summer call ODR at 552-2023.

For more information on rentals through the Seward Recreation Camp, call 552-5526.



PHOTOS BY TECH. SGT. KEITH BROWN



Above: Isaiah Gilligan, son of Airman 1st Class Joseph Gilligan, 3rd Logistics Readiness Squadron, looks over the rental bikes at the Outdoor Recreation open house Saturday. ODR has a variety of outdoor equipment for rental.

Left: Master Sgt. Kyle Teeselink, 3rd Operations Squadron, and his family try out one of the trailer's available for rental at ODR. Rental items and prices can be found at www.elmendorfservices.com.

Below: An instructor hired by ODR shows observers the proper fly fishing technique. The Outdoor Adventure Program sponsors several trips for active-duty, reserve, retirees, DoD civilians and non-appropriated fund employees and their families throughout the summer, including fishing trips on a new 24-foot bay liner fishing boat.



Arctic Warriors focus on safety, fitness



Background: First Lt. Andy Lynch, 12th Fighter Squadron, nears the finish line during the 1.5-mile run portion of the physical training test Monday. The run was held on the flightline. As part of safety day, Arctic Warriors were given the option to use this run for their test. Following the test, Airmen and family members organized for a "fun run."

Above: Master Sgt. Joel Matte (left), and Senior Master Sgt. Ricky Duhon, 3rd Aircraft Maintenance Squadron, patrol the Elmendorf flightline for possible Foreign Object Damage items. The base-wide FOD walk followed the fun run. The day also featured base-wide and unit safety briefings. The information will help Airmen stay safe as the 101 critical days of Summer begin Friday.

Top left: A pack of Arctic Warriors patrol the flightline for FOD. Objects as small as a pebble can cause expensive damage to aircraft.

Bottom left: Airmen start the first heat of the 1.5-mile flightline run.

Below: Elmendorf members begin the annual FOD walk. The FOD walk is also a great way to clear up dropped-object investigations from the winter months when the snow is too deep to search.

Top right: Tech. Sgt. Pete Hazley, 3rd AMXS, gets Airmen organized prior to the start of the FOD walk.



Photos by Tech. Sgt. Keith Brown



Services Eaglet

"Telling the Services Story" in daily activities and special events for the Elmendorf community

Seward Recreation Camp

Make reservations for cabins, RV or camp sites during lodge hours

9 a.m.-9 p.m. Sundays-Thursdays

9 a.m.-10 p.m. Fridays and Saturdays

552-5526 or 224-5425

Dates to remember when making your reservations:

Seward 4th of July Celebration and the

77th Mt. Marathon Race June 30-July 4

Seward Silver Salmon Fishing Derby August 9-20

Labor Day September 4 (closes for the season)

Family Extreme Bowling

**\$30 for up to six bowlers,
shoe rental, one lane for
two hours, two pitchers
of soda and popcorn**

**1-8 p.m. Sundays
Polar Bowl
552-4108**



Plaque Engraving Special

Save 10 percent all
month when ordering
two or more PCS or
appreciation plaques

Engraving Shop
at Arts & Crafts
552-2470



Eagle River Rafting with the Outdoor Adventure Program



**5-7:30 p.m. Tuesdays and Thursdays
June through August
\$30
552-2023**

Today

Armed Forces 5K noon, sign-ups at 11 a.m., prizes and T-shirts, Fitness Center, 552-5353

Texas Hold 'Em and Bingo Grand Tournament 6 p.m., adults only, Kashim Club, 753-6131

America's Kids Run noon and 4 p.m., register 30-minutes prior, Youth Center, 552-2266

RC DJ (The Rajun Cajun) 9 p.m.-3 a.m., adults only, Kashim Club, 753-6131

Retro Party 9:30 p.m., prizes for best costume, dancer and lip-sync, adults only, Kashim Club, 753-6131

In-Service Craft Camp 10 a.m.-4 p.m., candle-making, ceramics, beading, painting and more, \$65, ages 5-15, bring an old shirt, sack-lunch, snack, drink and a smile, Arts & Crafts, 552-7012 or 552-2470

Basic Automotive Service Class 5 p.m., by appointment, \$20, Auto Hobby, 552-3473

Club Member Social Hour 5-6 p.m., adults only, Kashim Lounge, 753-6131 and The Cave, 753-3131

Saturday

DJ Karaoke 9 p.m., adults only, Kashim Club, 753-6131

Advanced Fly-Tying Class 8 a.m.-5 p.m. also May 21, \$45, Outdoor Adventure, 552-2023

Hip Hop and Jazz Classes 10-11 a.m., \$32 per month, ages 4-18, Arctic Oasis, 552-8529

Mother's Day Out 10 a.m.-2 p.m. at the Susitna Club, spa day including massages, nails, hair and makeup, cooking demonstrations, home decorating advice, great food

and more, \$40, purchase tickets at Arctic Oasis, 552-8529

Bridgestone/Precept Demo Day

10 a.m.-2 p.m. at the practice facility, club fitting and trials with the Bridgestone/Precept man Dave Curtis, Eagle Glen Golf Course, 552-3821

Give Parents a Break 1-5 p.m., must have a referral, make reservations with Denali Child Development Center, 552-8304

Nascar at The Igloo 3 p.m., watch the races at the Polar Bowl, 552-4108

Eklutna Trail Ride 9 a.m., \$10 plus \$5 bike rental, Outdoor Recreation, 552-2023

Home Alone? Not for Long Program 10 a.m.-5 p.m., free crafts for children of deployed military members, ages 5-15, Arts & Crafts, 552-7012 or 552-2478

Sunday

Sunday Brunch 10:30 a.m.-1:30 p.m., \$16.95 *Members First* price, \$19.95 regular price, \$7.95 for children age 6-12, Susitna Café, 753-3131

Monday

Monday Evening Road Bike Ride 5:30 p.m., \$5 bike rental, Outdoor Recreation, 552-2023

Kenpo Karate 6-7 p.m. for ages 4-18 and 7-8 p.m. for adults, \$30 per month, Arctic Oasis, 552-8529

Tuesday

MusicGarten 9:30-10:05 a.m. for ages 3-5 and 10:15-10:45 a.m. for ages 16 months to 3-1/2 years, singing, dancing, moving, chanting, listening and playing simple instruments, \$30 per month, Arctic Oasis, 552-8529

Yoga Classes 10-11 a.m., \$40 per month, ages 13 and older, also Thursday at Arctic Oasis, 552-8529

Ceramics "Hang Time" 10:30 a.m.-2:30 p.m., ages 14 and up, \$15 per day plus supplies, call to reserve a time slot, also Thursday at Arts & Crafts, 552-7012 or 552-2470

Wednesday

King Salmon Fishing Clinic 6-9 p.m., \$10, Outdoor Adventure, 552-2023

Intro to Photography 5:30-9:30 p.m., \$45, bring camera, limit six people, Arts & Crafts, 552-7012 or 552-2470

Kenpo Karate 6-7 p.m. ages 4-18 and 7-8 p.m. for adults, \$30 per month, Arctic Oasis, 552-8529

Beading "Working with Chain" 6:30-8:30 p.m., \$25 plus kit, Arts & Crafts, 552-7012 or 552-2470

Thursday

Red Pin Bowling 5-9 p.m., get a red headpin strike and receive a free game, Polar Bowl, 552-4108

Pottery on the Wheel Glazing and Orientation 6:30-8:30 p.m., \$45, limit four people, Arts & Crafts, 552-7012 or 552-2470

Morning Coffee Conversation 10:30 a.m., book club for spouses of deployed military members, Arctic Oasis, 552-8529

Thursday Evening Mountain Bike Ride 5:30 p.m., \$5 bike rental, Outdoor Recreation, 552-2023

Movie Night 6 p.m. at The Cave, Teen Center, 552-2266

May 26

Evening Hike 5-8 p.m., \$10, Outdoor Adventure, 552-2023

Now Showing

Today 7 p.m. R
Slither

A small town in America--somewhat quaint and gentle, peopled with friendly folks who mind their own business. But just beneath the surface charm, something unnamed and evil has arrived and is growing.

Today 9:30 p.m. R
Basic Instinct 2

After re-locating from San Francisco to London, best-selling crime novelist Catherine Trammell once again finds herself on the wrong side of the law. A London criminal psychiatrist, is brought in by Scotland Yard to perform a psychiatric profile and evaluation of Trammell following the mysterious death of a top sports star.

Saturday 7 p.m. PG-13
ATL

ATL tells the story of four teens coming of age in a working class Atlanta neighborhood where hip-hop music and roller skating rule. As the group prepares for life after high school, challenges on and off the rink bring about turning points in each of their lives.

Sunday 7 p.m. PG-13
ATL

Adults: \$3.50 Children: \$1.75
Movie Recording Line: 552-2344
Movies subject to change

Air Force Cross Heroes

By **Capt. Tony Wickman**
71st Flying Training Wing Public Affairs

Across

- 1. Afternoon beverage in London
- 4. Mil. lawyer
- 7. Air Force Cross recipient Lt. Col. Al-lan R. ____ (Vietnam)
- 11. Sphere
- 12. Warsaw ____, NATO antagonist until 1991
- 14. Mention
- 16. USN equivalent to AFB
- 17. Car
- 18. Spring or winter
- 19. Air Force Cross recipient SrA Jason D. ____ (OEF)
- 22. American ____
- 24. Roman garb
- 25. Air Force Cross recipient Maj. Dean E. ____ (Vietnam)
- 29. Bombast
- 30. USA Medal of Honor recipient PFC David P. __ (Vietnam)
- 32. Commotion
- 33. Air Force Cross recipient Capt. Wil-liam ____ (Gulf War)
- 36. Took cover
- 38. Air Force Cross recipient Col George

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May 12 solutions

- E. ____ (Vietnam)
- 39. 2005 movie “____ We There Yet?”
- 40. African antelope
- 42. Policeman, informally
- 45. Yank’s opponent
- 47. Air Force Cross recipient TSgt. John ____ (OEF)
- 51. Op or deco
- 52. ____ Raton, Fla.
- 54. Heap
- 55. Air Force Cross recipient Maj Robert S. ____ (Vietnam)
- 58. Defy
- 60. Manuscript work
- 61. Air Force Cross recipient Lt. Col. Edwin L. ____ (Vietnam)
- 64. Panda’s grub
- 67. Italian currency, once
- 68. ____ on; spur to action
- 71. Disconnected
- 72. Temper
- 73. Kwik-E-Mart owner
- 74. Celebrity
- 75. Shoe size
- 76. USN Medal of Honor recipient HC2 David R. ____ (Vietnam)

Down

- 1. Heavy weight
- 2. Epoch
- 3. Flee
- 4. Bridge
- 5. Short excursion
- 6. Maneuvers
- 7. Culpability
- 8. Down Under country, in short
- 9. Tokyo once
- 10. Stimp’y’s pal
- 13. South Pacific island
- 14. Burn residue
- 15. Guide
- 20. Radical
- 21. Cut
- 22. A Gershwin
- 23. Hall of Fame QB Marino
- 26. 2004 movie “Win a Date with ____ Hamilton!”

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- 27. Oklahoma town
- 28. Air Force Cross recipient Col. ____ A. Knight, Jr. (Vietnam)
- 31. 1949 Academy Award-nominated best picture “Twelve O’Clock ____”
- 34. Mistake
- 35. Hall of Fame Coach Ewbank
- 37. C.S.I. clue
- 41. Topmost
- 42. Taxi
- 43. Mining goal
- 44. School org.
- 46. Air Force Cross recipient Col. John R. ____ (Vietnam)
- 47. Gun
- 48. June, perhaps

- 49. Greatest boxer
- 50. Earn
- 53. Air Force Cross recipient Maj. ____ B. Mitchell (Vietnam) and others
- 56. Work
- 57. British school
- 59. Creepy
- 62. Foot part
- 63. Evaluate
- 64. School transport
- 65. Picnic pest
- 66. Mil. Organization defending the U.S. from ballistic missiles
- 69. Academic standard, in short
- 70. Air Force Cross recipient Col. Theo-dore W. ____ (Vietnam)

SPORTS PAGE

Third OSS ends V-ball season on top

Right: Isidro Ornelas, 381st Intelligence Squadron Volleyball team, attempts to spike the ball on Jorge Rivera and his 3rd Operations Support Squadron team Friday at the Ft. Richardson gymnasium.

Far right: The 3rd OSS team holds up their championship trophy following their playoff winning match against the 381st IS.

Below: The linesperson gives a point to the 381st IS during the first game. The 381st IS team battled back, winning the first game, but fell short in the tie breaker.



PHOTOS BY SENIOR AIRMAN GARRETT HOTHAN

Sport Shorts

Mountain bike ride

Outdoor Recreation is sponsoring Mountain Bike rides at 5:30 p.m. Mondays and Thursdays. Bike rentals are available for \$5.

For more information, call Outdoor Recreation at 552-2023.

Arctic Warrior Olympics

Volunteers are needed for the Arctic Warrior Olympics - children's events.

Anyone interested in volunteering can contact Capt. Jennifer Aaron at 552-3451.

Bike maintenance clinics

Outdoor Recreation is sponsoring bike maintenance clinics at 1 p.m. Saturday, 4:30 p.m. May 12 and 10 a.m. May 27.

The class is \$5 and teaches the basics of bike maintenance. For more information, call 552-2023.

Armed Forces Day Fun Run

There will be an Armed Forces Day Fun Run at noon Monday starting in the Joint Military Mall parking lot. Prizes will be given away as part of this 3rd Services Squadron Customer Appreciation Celebration. The first 30 runners who sign up at 11 a.m. will receive a t-shirt.

For more information call the Fitness Center at 552-5353.

Outdoor Adventure Program

Hiking, biking, kayaking and rafting are a

few of the adventures sponsored by the Outdoor Adventure Program. OAP is located inside Outdoor Recreation.

For more information call 552-2023.

Fishing licenses

Fishing licenses and King Stamps are available at Outdoor Recreation. They can also stamp licenses for on-base fishing.

Call 552-2023 for more information.

Intramural Sports

There are several intramural sports starting for the summer. Contact your squadron sports representative or Staff Sgt. Stephen Boyd at 552-5353 for more information.

Junior golf signups

Junior golf signups have started. There will be two clinics.

The first will be 7:30 - 9 a.m. Tuesdays June 13-July 18. The second is 7:30-9 a.m. daily July 24-28.

Cost is \$80 for military dependant children, \$90 for civilian dependant children ages 8-18, and a \$20 discount for subsequent siblings.

For more information call the Eagle Glen Golf Course at 552-3821.

PACAF Centralized Summer Camp

The Pacific Air Forces Centralized Summer Camp will take place July 10-14 at the Okuma

Joint Services Recreations Facility in Japan.

Travel, lodging, meals and activity fees will be provided at no cost to two Elmendorf youth ages 9-18.

Interested participants must be members of the youth program and participate in Fit Factor and reached the energy level.

For more information, or to pick up an application, call the Youth Center at 552-2266.

Youth outdoor soccer and flag football registration

Registration for youth outdoor soccer and flag football is now-June 15 at the Youth Center. The season is July 10-September 1.

Outdoor soccer is for ages 5-18 and costs \$55.

Flag football is for ages 9-12 and costs \$55.

Mighty Tots soccer is for ages 3-5 and costs \$30.

All participants must be Youth Center members. For more information, call 552-2266.

Alaska rifle club

The Alaska Rifle Club will host a Small Bore Rifle Silhouette Match on May 28 at the Birchwood Recreation and Shooting Park.

Sign in time is 9 a.m. and the cost is \$10 per rifle.

National Rifle Association rules shall govern the match.

For more details visit www.akrifclub.com or contact Al Nyback at 694-2201.